

New Bernal Journal

August/September 1997

Serving the Bernal Heights Neighborhood of San Francisco

Volume 34 • Number 4

Bernal Dwellings: A View From the Families Who Lived There

by Helen Helfer,
Bernal Heights Neighborhood Center

I caught up with Sharon Adams, President of the Bernal Dwellings Tenants Association, Angela Porter, Vice-President, and their consultant Malik Rahim at one of their recent meetings.

Dwellings Come Down, July 1997
(Photo by Joe Kish)



Now that the Dwellings are being demolished by the Housing Authority, I wanted to again hear what it was like for them to live there, and what they thought of the surrounding neighborhood.

First, Ms. Porter: "I moved into Bernal Dwellings November 1st, 1991. I always



Angela Porter, Malik Rahim, Lavina Johnson, Sharon Adams and Michelle Dow at 1996 Health Fair. (Photos by Helen Helfer)

lived on the second floor of the high-rise facing the courtyard. It was not all bad. We had some good neighbors, and I liked the convenience of living there. We had good transportation and nearby stores. Although I don't have children, we were close to a school and swimming pool. Most of the people I associated with at Bernal were very nice. It could have been cleaner, of course, but one has a tendency to adapt. I enjoyed the earlier years better than the last. We'd have midnight barbecues: planned spontaneously and enjoyed by many.

As the buildings got empty towards the end (and I was one of the last to leave), the buildings got scary. I never understood why the Housing Authority hired security *after* we left, and not before. It was very unpleasant to be there. I wish they could have handled things better during the move. My medical doctor is in Solano County, but I still have to be here because of my mother's health problems. So that leaves me without a physician. -I was frightened of not finding a place. It was like the people in charge really didn't care - it was like "just get out." If you didn't put your foot down, you felt you had to take whatever was offered - but if you did put your foot down, you were considered a nuisance, and got on their nerves.

Now everything is all up in the air. You just don't know how long Section 8 is going to last - and without it, I simply can't afford to live in the city... The Housing Authority was more concerned with just getting residents off of their property. That's how they made me feel - it wasn't like they were doing something for me. I do want to move back to Bernal. I figure lived there in the bad times, I should be able to live there in the good times.

Ms. Adams: "I've been at Bernal since June of 1993, living on the first floor of the high-rise. It's been friendly at times and bad at times... Since the move of Bernal tenants, I've been placed in four hotels, and I'm at my Mom's place now waiting for a move in August. Dealing with the Housing Authority has been very upsetting...at times (it) makes you want to cry. Being the mother of three, they know how hard it is to get from one place or meeting to another. They don't offer any transportation, bus passes, or even a ride."

The good times were the Health Fair, 4th of July Picnics, trips to Great America and Marine World with the kids....seeing the children happy having gone places they've never been before. Bad times were seeing the Tutorial Program and library close. It was very sad, not having those programs - not having the kids being taught things about nature, how to grow plants.

It's been great to meet other Bernal gardeners and see what they're up to. We welcome new members. We meet the second Saturday of each month, from 3 pm to 5 pm. Anyone interested should call 826-0236 for more information.

Precita Park Takes Glorious Shape

by Demece Garepis

Tractors, land graders, and gardeners are busy constructing an accessible, safe, and beautiful park in Bernal Heights. Located between Folsom and Alabama on Precita, Precita Park is a great playful meeting place for neighbors, schoolkids, and dogs. Yet this park has never been renovated. Until now, thanks to neighbor activists from Precita Valley Neighbors and the Bernal Heights Neighborhood Center.

The renovation plan calls for a totally new look to the park that includes more places to sit and watch the world go by. A curved garden area with wide steps and more benches will provide a wonderful informal gathering place for everyone who visits the park. A drought resistant Mediterranean plant garden will decorate the entrance. The disability accessible walkway along the north end of the park will extend from the Folsom street entrance to the Harrison Street walkway. It is curved and a delight to walk under the trees. Bordering the north end of the park will be 12 lovely antique lights in the style of the lighting along Folsom street side of the park. This will also better light the Children's Playground.

Neighbors have worked out this lovely and safe design for over eight years and have attended funding hearings at the Open Space Committee. While construction is underway, many details still need to be ironed out, so a completion date is projected sometime in the early fall.

"It's been very enjoyable to work with so many active residents around Precita Park to design a park that fits everyone's needs," comments John Thomas, chief landscape architect for the Department of Park and Rec.

This lush, colorful design coordinates the West End Renovation with the Precita Park Childrens' Playground Renovation, at the east end of Precita Park.

We look forward to continuing our community revitalization with Bernal Dwellings tenants, whose support helped win funding for the renovations at Precita Park.

Come visit Precita Park on Sunday August 17th at 2pm for the San Francisco Mime Troupe's newest play. A memorial bench is being funded by the community to honor the Sylvia Hernandez and Carlos Menendez, the youths slain two years ago in the park.

For more information or to contribute to the memorial bench, call Gary Richmond, Precita Valley Neighbors, call at 641-0115 or email at Precitavn@aol.com.

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Bernal Heights Hillwide Garage Sale Map

your guide to a mountain of treasures
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New Bernal Journal

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New Bernal Journal is a bi-monthly neighborhood newspaper sponsored by the Bernal Heights Neighborhood Center. It is dedicated to providing the people of Bernal Heights with community news, ideas, issues and events that support the center's mission: To empower people in efforts to preserve the ethnic, cultural and economic diversity of Bernal Heights and improve the economic condition of low and moderate income people in Bernal Heights. New Bernal Journal is distributed door to door, free in Bernal Heights. Articles express the views of contributors and not necessarily those of New Bernal Journal or Bernal Heights Neighborhood Center.

ASK BERNIE



Question: I have heard of flea products that you apply once a month to control fleas. Do I need to go to the trouble and expense of visiting my veterinarian in order to control fleas on my cat and dog?

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Question: Why are fleas so important to control on my pets?

Bernie: Fleas can cause a variety of diseases and skin irritation to both our canine and feline friends as well as humans.

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Tapeworm can result from fleas in both dogs and cats. Indirectly humans become susceptible as well.

While anemia is not a flea-born risk in humans and is rare in felines, dogs can become anemic as a direct result of flea contact.

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Community Congress Follow-Up

by Mauricio Vela

With the impacts of Welfare and Immigration Reform soon to be upon us, this year's Bernal Heights Community congress was right on target. Over one hundred Bernal Heights residents showed up to listen, ask questions and discuss the merits, impacts, and challenges of Welfare and Immigration reform and how these reforms will negatively impact Bernal Heights. On hand from City Hall were Will Lightbourne, Director of the Dept. of Human Services, David Ishida, Director of the Commission On the Aging, and Jeff Mori, Director of the Mayor's Office of Children, Youth and Their Families, as well as Bevan Duffty, Director of Neighborhood Services, and Rebecca Prozan, our Bernal Heights liaison.

Neighbors also had the opportunity to vote on the merger of the Bernal Heights Neighborhood Center and Housing Corporation and elect the new board of the merged organization.

The 1997 BHNC board officers and members are:

Demece Garepis, President
Robin Synderman V.P.
Paul Sussman, Treasurer
David Shaw, Secretary
Buck Bagot
Julius Crane
Fay Farrar
Alan Fisher
Alice Gilbeaux
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David Rogers
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Neighbors also had the opportunity to participate in break out groups around Housing, Children & Families, Youth, Seniors, and Organizing and Advocacy to discuss the legislative impacts and brain storm around possible strategies to address the situation. Everyone was invited to participate in a community barbecue at the conclusion of the day's activities. Ingleside Police officers were on hand to participate in a basketball game against local youth as part of the station's ongoing efforts to improve relations with youth.

Neighbors agreed to begin to build a safety net for at-risk Bernal children, youth, seniors and their families. Residents who attended the Congress were asked to complete a Community Assets and Needs Inventory to self identify themselves as community volunteers. During the month of July the inventories were data based in order to facilitate referrals to Bernal institutions during the month of August. Simultaneously Bernal institutions were surveyed to identify their volunteer needs and opportunity. During the months of August and September attempts will be made to match these volunteers with Bernal institutions to provide assistance to at-risk individuals and families.

Residents are still needed as we take on the enormous challenge. Individuals with skills and time are encouraged to volunteer in their community. People who may not have time are encouraged to contribute financial support to make the project a reality.

Impacts of Welfare and Immigration Reform are scheduled to begin to take place August 1st. Thousands of San Franciscans will be impacted and Bernal Heights needs to contribute to the support of at-risk families, through jobs, child-care, academic and other community support, and through networking of existing resources in Bernal.

To get involved in the project, attend the next Congress Follow-Up meeting scheduled for Tuesday, August 5, at 7:00 pm, or contact Mauricio Vela at 415/206-2140.

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In Memoriam: Cortland Pizza
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More frequently than not, changes along Cortland Ave. seem to slide along with glacial slowness. Yet at times there arise the undeniable jolts and hard evidence of life's immutable process. It is with sadness that I report the death of a fellow merchant and good friend to the neighborhood. John R. Athens of Pizza Express (*pictured above, with Ramish*). He will be remembered for his good will and generosity toward our causes. Although his broken English was at times hard to understand, he told grand stories of his long and eventful life as a Greek patriot during WWII and his subsequent emigration and assimilation into America and our own immediate community. We will miss his presence.

Fortunately the tradition of his friendly food service and top notch pizza pies will endure under the direction of his wife, Catherine, Ramish and the original kitchen staff.

- David Rogers

New Pastor at St. Kevin's Cleans House

by Joe Kish

It has been nearly four weeks since Fr. Clifford A. Martin arrived in Bernal to assume his new role as Pastor of St. Kevin's Parish. While the community of St. Kevin's has a reputation for both accommodation and compassion, the jury remains out on the Father and his "liturgically correct" manner of religious practice.

Fr. Martin was raised in Bernal Heights, on Manchester Street, on the North Slope. He began his Seminary education when he was fourteen and graduated college at St. Mary's in Mountain View. He holds a Master's degree in Theology and has served at a number of parishes in the Diocese.

St. Kevin's was not his first choice of parish. He is here under a personal appointment of the Bishop. Parish pastors are contracted for a full six year term.

Fr. Martin kept busy his first couple weeks literally cleaning House. "I sat down at the confessional...it was so dirty I had to change my pants." Apparently his predecessor, Father Joe Walsh, did not place much emphasis on domestic chores.

The parishioners I spoke with had what they considered bigger things on their mind than dust. Confused and upset by Fr. Martin's instant establishment of order (ministers were relieved of their duties, masses were restructured, a very popular administrator was dismissed), they are unsure if the Pastor's methods will be successful here.

Aware of some dissension, Fr. Martin's outlook for St. Kevin's remains positive. Although he does not fancy Bernal's strong afternoon winds, he "likes what's going on here," and plans to build upon St. Kevin's established community leadership.

He sums up some parishioners' discomfort as a common reaction to change. "People who want things to stay the same should move to farmland," he says, perfectly aware that there are families on Bernal old enough to remember that Bernal used to be just that. "It's a game of finesse in a lot of ways," he says of being the new boss in town. "They're waiting for the other shoe to drop."

But still, some members of the congregation are troubled by what they interpret as "rigidity" and "insensitivity." And they complain that communication has been difficult. "We'll walk with him for a while," says one minister, "but a couple of people are already gone."

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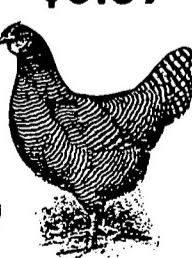
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BHNC Center Director Mauricio Vela and local youth enjoy the thrills of white water rafting. Fifteen Bernal/Outer Mission youth had their first experience white water rafting on American River. The trip was sponsored by the Friends of the River and is part of BHNC's Gang Prevention Program summer outings component.

**Clean Out Your Closets,
Help a Good Cause****Donations Being Accepted
for Senior Rummage Sale**

Each year dozens of senior citizens sort, clean and repair over 2,000 pounds of donations from neighbors for their annual Rummage Sale (held in conjunction with the Bernal Heights Hillwide Garage Sale) on August 9 from 9:00-5:00 at 515 Cortland Avenue.

Mounds of outgrown children's clothing, forgotten toys, dusty weekend warrior tools, dog-eared good books, crumb-filled toasters, knick knacks galore and strands of beads from near and far are brought in by neighbors who want to get rid of clutter while helping out to support services to seniors in the community.

Last year, the seniors spun straw into gold by converting donations from over 24 families into \$2,000 of sales. Seniors hope to raise \$3,000 from this year's rummage sale to support their nutritional, social and case management programs.

Donations can be dropped off to the Neighborhood Center at 515 Cortland Avenue. For more information, call Bernal Heights Senior Services at 206-2145.

Senior Lunch Program

Seniors 60 years and older are welcomed to enjoy a delicious hot lunch daily for only a \$1.25 suggested donation. Served at 12:00 noon at the Bernal Heights Neighborhood Center, 515 Cortland Avenue. Call 206-2142.

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	8/12	Chicken Mole
	8/19	Turkey Sandwich
Wednesday	8/6	Chicken Adobo
	8/13	Beef Burgundy
	8/20	Roast Pork
Thursday	8/7	Pot Roast
	8/15	Curry Fish
	8/21	Orange Chicken
Friday	8/8	Breaded Fish
	8/16	Chicken Valenciana
	8/22	Fish Stew

**Holly Park Now Providing
Summer Supervised Activities**

As of July 7, Kelly Roberts was assigned the position of Director at Holly Park. This action was a direct result of a meeting held on May 8 with the Holly Park neighbors and the impact of the Bernal Playground play structure shutdown for renovation during the summer months. For more info., call Kelly at (510)613-7989.

'Bernal Dwellings'
continued from front page

tance - to St. Luke's and General Hospital. That's what was most important with three children under ten. My daughter is going to St. Peter's School, three blocks from Bernal. Next month we'll be two bus rides away, but she'll at least be able to stay at that school.

Malik Rahim, consultant: "I just believe the whole HOPE VI process here in San Francisco is a sham. The residents were basically misguided and used. They were not informed by the Housing Authority that there wasn't enough money to reconstruct Bernal, and there's been no long-term social or economic uplift of the residents who lived there. They were never given the opportunity to develop a stable community. You can never exploit a stable community, only one that's been in chaos.

Do I think there's going to be reconstruction? Yes, but given the new housing laws coming out of Washington, no matter what the Housing Authority says, only about 20% of the former tenants will be able to move back in. Do I think that something positive can come out of it? No, not compared to the destruction and loss. The small percentage of tenants who have benefitted from HOPE VI is nothing compared to those who've been hurt. For example, back in '94 we signed up 90 residents for the construction training program that never materialized. In the floor captain program we signed up 16 people and they were never paid. They were supposed to get \$75 a month and they never received that. With the ex-offenders program, by the time we really got it going, the Housing Authority boarded up the Tenants Association office, leaving all our supplies and equipment inside. We had a similar problem about the Narcotics Anonymous project. We were the first housing development to have this program, but there was no support from the Housing Authority.

I wouldn't want to see anyone move back to Bernal as long as this Housing Authority is involved. Even if Bernal is privately managed and the Authority promised to turn it over to the Resident Management Corporation in 15 years, the Authority will find a way to not make it happen. I believe the only way residents can develop their own is what you've been doing - creating their own development corporation and accessing the funds.

I'm not condemning all Housing Authorities, but this one has always been a cesspool of political patronage, and it'll never change. I thought that when Willie Brown became Mayor there'd be some positive changes. Yes, they've hired a few residents, but so many families have been lost from this city without any hope of economic uplift. HOPE VI (or HOAX VI as I call it) has been a failure. But if Jack Kemp was still there (and he's a Republican!) there'd be a positive difference. The SF Housing Authority has always been a sinking ship."

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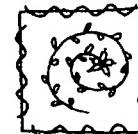
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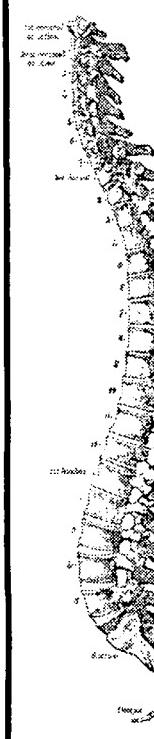
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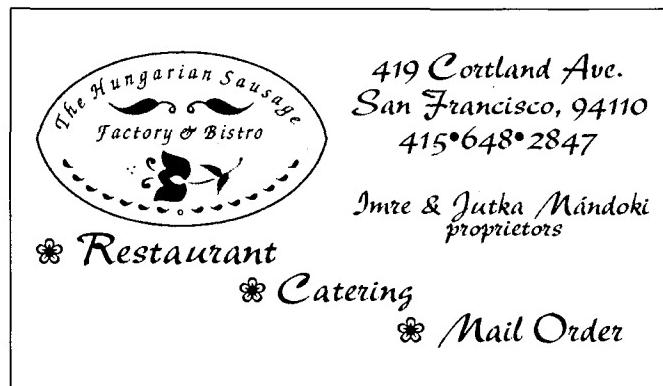
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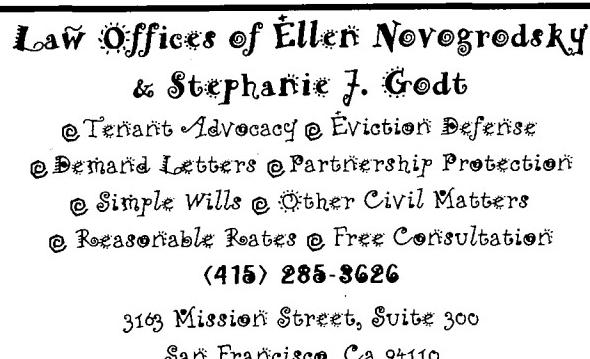
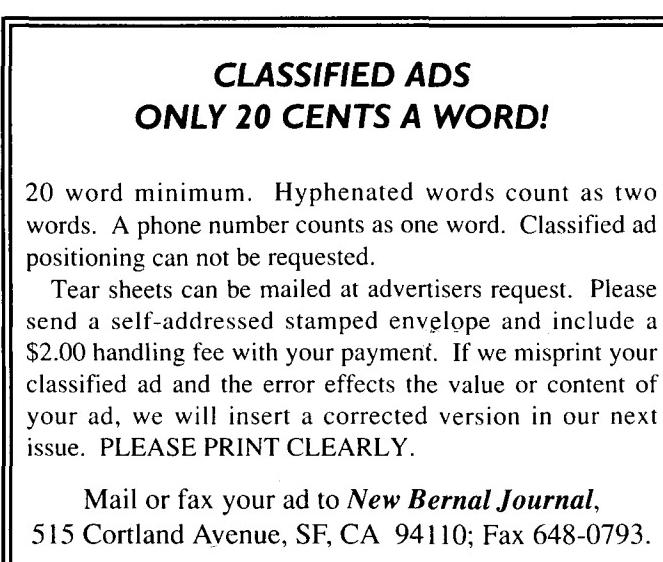


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JOB OPENINGS

Exercise Leader Needed. More and more seniors are realizing that they can take control of their health by eating better and exercising regularly. Bernal Heights Senior Services would like to help our elders attain this goal by offering a variety of exercise classes that meet the different abilities of our seniors. If you are an experienced exercise leader who has worked with older adults, please consider holding classes at our center. Stipends may be available. Please call 206-2145.

Program Counselor/Job Developer
 (Bernal Heights Neighborhood Center)
 The Ready For Work Program offers vocational counseling, skills building, workshops and mentorship/internship opportunities in order to realistically prepare youths ages 14-18 for the local job market. In addition, the position requires the development of local worksites and placement of youth participating in BHNC employment training programs and neighborhood youth who are not enrolling in the programs. The Program Counselor will work in collaboration with other agencies and program counselors funded through the Mayor's Office of Children, youth and their families to serve youth at risk. Apply to Joy Ferguson, BHNC, 515 Cortland Avenue, San Francisco, CA 94110. Fax: 648-0793.

Bernal Classifieds

SERVICES

Handyman/Carpenter: Repair a door, hang a kitchen cabinet, add a room, build a fence or a deck, remodel a closet or even trim a tree. I am skilled and do good work at a reasonable price. Robert, 550-4055.

Furniture stripped and refinished. Excel. work. E.g. 3 drawer dresser w/ mirror \$150 w/ pick-up. One-Eyed Jacks: 621-4390.

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Midlife Women's Groups are happening in Noe Valley! Meet with women your age (40s - 60s) supporting each other through the struggles, challenges and joys of these years. We are trailblazers and elders in training, redefining what aging means to us. Arlene Dumas, LCSW, 641-4553.

ONE-EYED JACKS
 We buy out or conduct on-premises estate sales. Will also buy single items, ie: period furniture from 1960s back (some newer), and collectibles, oriental rugs, art, jewelry, lamps, tools, garden statuary and pottery, bric-a-brac and more. Call or visit us at 1645 Market St. 621-4390 & 585-1901, Jim.

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Hungarians Invade Bernal

by Joe Kish

A few short weeks ago the hilltop erupted, blanketing our neighborhoods in a thick coat of rumbling and rhythm. Most of you probably slept through the cacophonous maelstrom (so this near-miss will be news to you), while many insomniacs hid away safely in their basements. The phones at *New Bernal Journal* and the US Geological Survey have not stopped ringing. You've demanded a reasonable explanation for this aural-phenomenon, and you've yet to receive one. I understand your concern for your homes, your cars parked outdoors, your pets and your kids. (I don't have any of these things, but I'm genetically inclined to hyper-empathize.) And I like to feel safe just like everybody else. You **do** have a right to know.

The truth is the following: Bernal Heights was invaded by Hungarians during the night of July 13, 1997. And I feel a journalistic responsibility to point out the traitorous fact that I saw *many* of you "neighbors" there at the Hungarian Sausage Factory on Cortland (apparently Invasion Party Headquarters), collaborating with the Magyars, slapping your feet defiantly with your palms, as you symbolically hobbled on just one shoe.

I have heard the Huns are now laying low, trenching-in below the treeline on the North Slope. I've heard rumors they will

strike again... Perhaps next time we will be better prepared.

Please note the following Hungarian Invasion Defense Techniques below, so that we may reclaim our fine hill and make it free of such mutinous nuisance:

1. **Wear Paprika Eyeshadow:** Hungarian soldiers historically have always run from their wives in the dark. Close your paprika-sprinkled eyelids before an invader. When you open them, the rogue will have fled. Hopefully for good!

2. Spill warm Goulash on his boots.
These crafty soldiers keep their boots polished to a mirror sheen. It enables them to scan the sky for enemy aircraft while scavenging the ground for turnips. When their boots are soiled, their defenses are down, and they will instinctually return to camp for a shine. Follow them there and you'll acquire the decisive upper hand.

3. Taunt them with the "Tony Curtis is a Hungarian" business. It's true, and they know it. When they begin to weep, complete #s 1 or 2 above, then watch what happens.

Practice these maneuvers at home. Master them. Then check the calendar section of this issue for schedulable encounters.

"When it comes to protecting your neighborhood from enemy invaders, it's always best to taste their sausage first."
- Mikhya Velli.

A black and white photograph of a woman from the waist up. She is wearing a light-colored, ribbed crew-neck sweatshirt over a dark top and dark denim jeans. Her hands are in her pockets. The background is plain white. At the top of the image, there is a large, stylized, dotted font logo for "GAP JEANS". In the bottom right corner, there is a small, solid black square containing the word "GAP" in a white, sans-serif font.

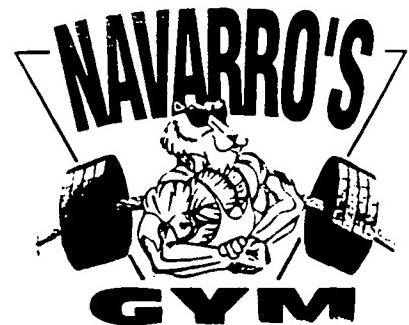
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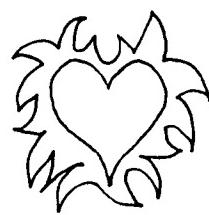
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child whom she
is hiding in her
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Since 1982, the Holocaust Oral History Project has documented the stories of more than 1,700 survivors of the Holocaust. Each of these stories represents a well-spring of information, an historical relevance priceless not only to our own generation, but for countless generations to follow. Each of these stories represents a single human life, saved from an attempt to systematically destruct prolific and valuable cultures. Each of these stories may have remained untold were it not for the efforts of the Holocaust Oral History Project. Yet there are many survivors from whom we have not yet heard.

Imagine that Primo Levi had remained silent. That Bruno Bettelheim had escaped into anonymity. **Imagine** that Elie Weisel had never written a word. **Imagine** Chagal lost to the world.

An irreversible silence is falling upon the living survivors of the Holocaust. These men, women and children have grown old. Many are losing their ability to recall. Those who remain and have not yet shared their experiences are increasingly difficult to locate. Once located

- I am a holocaust survivor and would like to tell my story.
 - I have information regarding the whereabouts of Holocaust survivors.
 - I have other information which may be useful to your organization.
 - I have no information but would like to

make the following contribution: \$ _____.

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Address _____

Telephone _____

Please make checks payable to **Holocaust Oral History Project**
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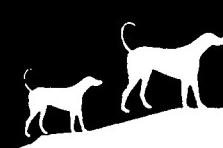
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Bernal Calendar

SENIOR ACTIVITY HIGHLIGHTS FOR AUGUST

AT THE NEIGHBORHOOD CENTER

Early Birds Exercise

9:30 a.m. Mondays, Wednesdays & Fridays - Lively music and pace for active seniors.

Chair Exercises

11:00 - 11:45 am, Mondays & Fridays
Easy, seated exercises & stretching

Walking Group

Tuesdays, 10:30 am & Thursdays
12:45 pm - Simple strolling along Cortland Ave.

Van Shopping*

Thursdays, 1:00 - 3:00 pm
8/14 Safeway
8/21 Stonestown

8/28 Canned Foods Outlet

*For seniors who have difficulty taking the bus

Discussion Group

Wednesdays, 10:30-11:30 am
Participate in lively discussion about various aging issues and current events.

Podiatrist Visit

Thursday, 8/28, 9:30 am - 12:00 pm
Professional podiatry care for an affordable fee or Medicare payment.

Legal Consultation

Wednesday, 8/13, 10:00 am - 12:00 pm
Free legal advice and referral from La Raza Central Legal

Tenants' Rights Presentation

Thursday, 8/7, 10:30 am
Learn about your rights and find out about resources that can help.

Consumer Education

Fridays, 9:30 am - 12:00 pm
Beginning 8/22, this tuition free City College course is housed at the Neighborhood Center. Learn how to choose foods and products that will help you to maintain good health. Handouts, videos and exercise.

**ACTIVITIES ARE HELD IN THE BERNAL HEIGHTS NEIGHBORHOOD CENTER,
515 CORTLAND AVENUE.
CALL 206-2142 FOR A COMPLETE SCHEDULE OR MORE INFORMATION.**

AUGUST/SEPTEMBER EVENTS

AT THE LIBRARY

500 CORTLAND AVENUE

Tuesday evening Homework Help resumes in the Fall!

Wednesday Evenings:

Spanish Conversational Group

7:30 (All levels)

Scrabble Society 7:30 P.M. (Adults)

Family Night 7:30 (Children and the folks who love them...)

Thursday Morning:

Preschool Storytime 10:30 A.M.

Wednesday, August 27:

7:30 P.M. T-shirt party to celebrate the end of summer.

September:

Same events except that Homework Help will be available on Tuesday evenings.

HUNGARIAN SAUSAGE FACTORY

419 CORTLAND AVENUE

Tuesdays:

Jazz
6:30-9:30 pm

Wednesdays:

Gypsy Violin
6:30-9:30 pm

Thursdays:

Piano Jazz
6:30-9:30 pm

Fridays:

Accordionist
6:30-9:30 pm

Saturdays:

Flamenco Guitar
6:30-9:30 pm

Sundays:

European Folk
6:30-9:30 pm

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FARMERS' MARKET

Saturdays, dawn to dusk
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FLEA MARKET

Sundays, 8:00 am - 3:00 pm

100 Alemany

An ever-changing array of trash and treasures can be found and haggled for at this open air market. Admission is free. Call 643-9243.

HILLWIDE GARAGE SALE

Saturday, August 9

9:00 am - 5:00 pm

Everything you want...and at a price you'll like. (see map page 5)

SUPPORT GROUPS

Narcotics Anonymous

Mondays & Wednesdays
7:30 - 9:00 pm

Alcoholics Anonymous

Saturdays
4:00 - 6:00 pm

Adult Children of Alcoholics

Sundays
9:45 am - 12 pm

MEETINGS HELD AT THE BERNAL HEIGHTS NEIGHBORHOOD CENTER, 515 CORTLAND AVENUE.

GARDEN CLUB

September 13 - Short meeting and walking tour of several South Bernal gardens. Call 826-0236 for more info.

ARTS/KIDS

SOAP BOX CARS: Build your own 1/2 scale soap box car in a week-long class at Will Power Motors Art Studio - where the cars in the movie Bernaltown were built! Classes run Monday through Friday, August 11 - 15, and

More Calendar

August 18 - 22 from 1 pm - 4 pm and will be taught by Gregory Gavin plus an additional special guest artist. The class is designed for ages 9 and up. Adults are also welcome as collaborators with youth or by themselves. The cost is \$95 (some partial scholarships are available). Applications can be found at the Bernal Heights Neighborhood Center, the Bernal Library or the Heartfelt gift shop. The studio is located at 2760 San Bruno Avenue in San Francisco's Portola District, 1/2 mile south of Bernal Heights. Call 656-0119 for more information.

AT ST. KEVIN'S

Bingo Nights,
Wednesdays, 6:00 pm, Old Hall

DINNER AND A MOVIE

There will be a benefit dinner and screening of *Bernaltown* at Cafe Abo (3369 Mission St. - across from Safeway) on August 15 and 16. For more information call Gregory Gavin at WPA 656-0199, or Whitney Gant at Cafe Abo 821-6275.

DANCE

Escuela Nova offers Dance and percussion classes taught by Josephine Morada and Rudy Ortiz Thursdays, 7 - 9 pm at the Bernal Heights Neighborhood Center. Class fee is \$8. 18 years old and younger are free. Please bring your own percussion instrument. For information call 415/661-4798.

Neighborhood groups, arts organizations, merchants, schools, churches and non-profits are encouraged to submit their special events listings that are of interest to the Bernal Heights community. Editor reserves the right to refuse, review or edit submissions based on space available and relevancy. Please mail or fax your listings to NBJ by September 25th for inclusion in the October/November issue.

NBJ
515 Cortland Avenue, SF, CA,
94110
Fax 415/648-0793

POEM

by Jaye Dub

As you play possum

to the north
the city and its noise barely reaching
beyond a few blocks at the base
from the sides to the right behind
and just there, north, the sky fills and
empties, a cover better known to
a larger coupling than just you and I.
we are the hill, its king and queen,
it's murmured the word home and
imagines never again to move off.

So here we plant ourselves like foliage,
while up there we walk upside down,
slowly, like aging willows, and
see ourselves asleep along the slope.
Do we think to reach

Planting
Irrigation
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ROCK AND ROSE LANDSCAPING

DREAM A LITTLE DREAM...

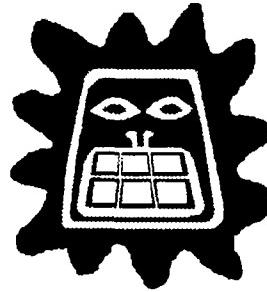
- romantic garden
- kitchen garden
- fragrant garden
- woodland garden
- child's garden
- secluded garden

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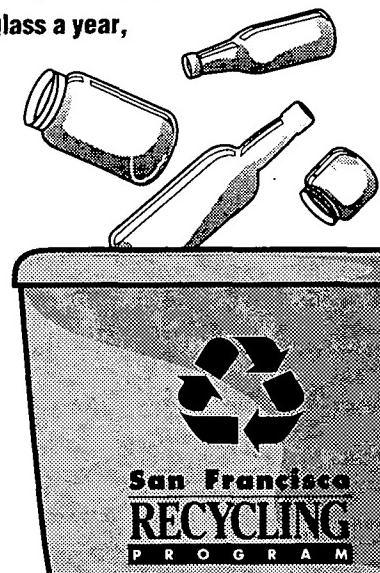
San Franciscans recycle 27 Million Pounds of glass a year,
but we're still sending 19 Million Pounds of
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Remember:

- Glass can be recycled indefinitely - the glass container you used this morning could contain glass made during the Gold Rush
- Recycled glass reduces energy use by 30%, reduces air pollution and saves landfill space
- All glass jars and bottles can be recycled in the curbside and apartment recycling program
- Glass is recycled locally - creating local jobs

RECYCLE ALL YOUR GLASS JARS AND BOTTLES

For more information:
24-hour trilingual hotline - 554-RECYCLE
Web Site - www.sfrecycle.org



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 Sunday 8:00 am - 9:00 pm

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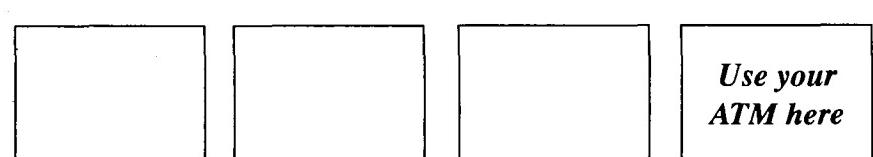
Canadian Club	750ml	\$10.98
Kahlua Liqueur	750ml	\$14.99
Raynal Brandy	Liter	\$12.98
Gordon Vodka	Liter	\$8.99
Presidente Brandy	Liter	\$11.99
Beef Eater Gin	750ml	\$15.99

BEER

Budweiser (12-pack cans)	\$6.99
Brewing Bar Room (Blonde 6-pk, 12 oz. botls.)	\$2.99
High Falls India Pale (6-pk, 12 oz. botls.)	\$5.99
J.W. Dundee's Honey Brn. (6-pk, 12 oz. botls.)	\$5.99
Humpback Beer (6-pk, 12 oz. botls.)	\$4.99

WINE

Glenn Ellen Wine	750ml	\$4.99
White or Red	1.5 liter	\$8.99



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